OKS SCY Meet Book February 28-March 1, 2020

Meet Sanction #OK20-11 Time Trial Sanction #OK20-12

OKSI MISSION STATEMENT OKS: To develop excellence, character, and growth in swimming for all.

OKSI VISION STATEMENT OKS: To advance our core values of selflessness, excellence, leadership, integrity, inclusion, and development by increasing competitive swimming opportunities and developing relationships that promotes excellence and growth.

This event is held under the Sanction of USA Swimming and Oklahoma Swimming.

HOST: Oklahoma Swimming

LOCATION Edmond Public Schools Aquatic Center

2901 Marilyn Williams Drive

Edmond, OK 73003

MEET DIRECTOR: Deanna Oliphant

deanna@oks.org 405-204-9278

MEET REFEREE: Denis Mink

denis@oks.org 214-616-7593

MEET ADMIN Michele Brown

REFEREE: michele.brown@centurylink.com

918-638-0279

OFFICIALS: An application has been applied for this meet to be designated as a National Officials Qualifying Meet to

all officials who wish to and are eligible to be evaluated for advancement or re-certification. No application to work the meet or for evaluation is required prior to the meet, but both are encouraged. Request for evaluation should be made to the meet referee. All officials are required to show current USA Swimming credentials to work this meet. All officials are encouraged to attend an official meeting one hour prior to the start of each session. This meeting will review and clarify any rules necessary as well as answer questions. The uniform for all prelim and 10 & under sessions will be white polo shirt over navy shorts/pants/skirt, as appropriate and white tennis shoes. The uniform for all final sessions will be white

polo shirt over navy pants/skirt, as appropriate and white tennis shoes.

FACILITIES: Twenty-five (25) Short Course Yard venue. The competition pool is certified according to USA-S rule

104.2.2C (4). A copy of this certification is on file with USA-S. The depth of the competition pool when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.) meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 ó inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. Eight lanes, with non-turbulent lane lines. Electronic timing system. Large spectator area. Warm-up pool available for continual use. The course has been certified in accordance with USA Swimming Rule 104.2.2C (4). A copy of this certification is on file

with USA Swimming.

GENERAL A General Meeting of the LSC with the attending Head Coaches, officiating team, Meet Referee, Meet MEETING:

Director, and General Chair will be held Thursday evening February 27 beginning at 6:00 p.m. The OKS

Director, and General Chair will be held Thursday evening February 27 beginning at 6:00 p.m. The OKSI General Chair will chair the meeting. Coaches and clubs are accountable for ALL information discussed

or distributed at this meeting whether in attendance or not.

FORMAT:

This meet is a Championship Prelims/Finals, single pool, deck-seeded with circle seeding for the morning session. In prelims the events will be swam 11-19. In Finals there will be 1 heat each gender of 11-12, 13-14 and 2 heats of each gender 15-19. The 13-19 distance events, 400 IM, 500, 1000 and 1650 freestyle, are timed final and positive check in to swim events. The top 8 400 IM and 500 free, after the positive check in period, will swim in finals for the 13-14 and 15-19 age group in the evening session. The top 8 1000 and 1650 freestyle, after the positive check in period, will swim in finals for the 13-19 age group in the evening session, but will be scored as 13-14 and 15-19 age group. All relays will be timed finals and swam in the morning session. All A Finalist will parade in and Top 3 will podium upon completion of their event. There will be a separate timed-final 10 & under session. The qualifying time date range for this meet will be April 1, 2018 through February 24, 2020.

ELIGIBILITY:

The meet is open to all currently registered Premium USA athletes, both attached and unattached, of OKSI who have met the qualifying times shown on the list of events. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All swimmers must be under the direct supervision of a USA Swimming member coach. Any swimmer entered in the meet must be certified by USA-S member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

All RELAY ONLY swimmers must be entered into the meet using the OME. Relay only swimmers are restricted to Time Trial entries only unless they have a provable time. Relay Only swimmers must pay the facility surcharge fee in order to be entered in the meet.

Registration with USA Swimming/ Oklahoma Swimming through the Clerk of Course will not be available at this meet.

AGE:

Age as of February 28, 2020 will determine eligibility for an age group.

SWIMWEAR:

USA-S Rule 102.8 B. In swimming competitions, the swimmer must wear only one suit in one or two pieces, except as provided in 205.10.1

POOL DECK ACCESS:

Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Officials must show their current USA-S registration card or deck pass in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant anyone access to the pool deck at any time.

The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USA-S Rules of Conduct will be strictly enforced.

DECK CHANGING: Deck changes are prohibited and may result in expulsion from the meet.

CODE OF CONDUCT:

Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team's parents. Anyone found to be misrepresenting himself or herself as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.

LIABILITY RELEASE:

In granting this sanction it is understood and agreed that USA Swimming Inc. shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that OKSI, its Board of Directors, all officials, the Mitch Park YMCA and Edmond Public Schools shall be free from and held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club, if attached, to be accountable for repairs.

DISABILITIES: OKSI welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may

be required at the entry deadline.

ENTRY LIMITS: Three (3) individual events per day with a maximum of 8 individual events for the meet, plus relays.

TIME TRIALS: Time Trials will be offered at the conclusion of each preliminaries session and other sessions at the

discretion of the Meet Referee and Meet Director, for those athlete(s) attempting to achieve a qualifying time for appropriate USA-S Central Zone Championship meet(s), Futures, Jr. National, or any other National level meets. Time Trials will count against the daily individual event limits. The meet referee will determine the order of time trial events. Swimmers must provide their own timers and or lap counter, if needed. Athletes must be entered in the meet at the time of the Time Trial (paid the athlete/facility surcharge) in order to enter Time Trials. Time Trials close for prelim sessions at 11:00 am. Time Trials if offered after Final sessions will close no earlier than 1 hour after the start of the session.

RELAYS: Relay teams will be composed of the following age groups for each gender: 11-12, 13- 14 & 15-19. All 11 & over relay teams will compete during the Prelims sessions as a combined event, seeded by entry time

regardless age group. The 10-Under relays will be swum during the 10 & under session. Names, ages and order of swimmers competing in relay events must be provided prior to the event. All swimmers must be entered in the meet in individual events or as a relay only swimmer. A swimmer may compete in only

one relay of the same distance and type.

ENTRY FORMS: All entries, athletes and relay only athletes must be made online using OME, which will open February 1, 2020 at 3 pm CDST. OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Only times found in the SWIMS database are used for seeding in this meet. All entry times must have been achieved between the qualifying time date range for the meet

beginning on April 1, 2018 through February 24, 2020. Each entry time used must be from a Sanctioned, Approved or Observed Swim in accordance with USA Swimming Rules and Regulations. The OME for this event is formatted to force the use of the fastest provable entry time found during the qualifying entry

period. Deck entries will not be accepted at this meet.

The host will provide a Team Manager or suitable event file on the host web site and at the time of the distribution of the Meet Book to the club contacts. The event file can be used to assist you in completing

your entries in the OME.

Coaches can update entry times until the close of the OME. By not checking out, coaches maintain the flexibility to remove swimmers or events. Once you check out of the OME you cannot delete existing entries. You may return to update time for existing athletes, add new swimmers and events up until the close of the OME entry period. You must check out of the OME prior to the entry deadline to have your entries placed in the meet. Times entered in the OME do not automatically update. If there have been improved times since you started the entry process the coach or person making entries must update times for this process to happen. After an entry has been submitted, removals must be managed by Meet Admin Staff. Once you have completed your online entry, you will receive an email confirmation. If you do not receive a confirmation from the OME you need to contact Deanna Oliphant immediately. Please keep ALL electronic correspondence and bring them with you to the meet.

DECK PASS: ALL Coaches are encouraged to use OME to apply for Deck Passes for all coaches representing your club

or unattached athletes on deck at this meet. Deck Passes can also be requested at the meet with the Clerk

of Course after a credential check has been verified.

ENTRY FEES: \$25.00 swimmer surcharge for each athlete participating in the meet. (\$25 goes to OKSI) \$7.00 for each Individual Event Entry and Time Trial Entry fee (\$7.00 goes to OKSI)

\$13.00 per relay entry and Time Trial Entry fee (\$13.00 goes to OKSI).

Each team should make one check payable to: OKSI for all entry fees. NO individual checks will be accepted. Failure to pay the entry fees by the scratch deadline for Friday's prelim events will result in a \$200 fine for the team and a \$100 for any unattached swimmer not representing a club.

ALL mail requiring signature confirmation for delivery will NOT be accepted.

SEND PAYMENT to:

Oklahoma Swimming 14001 Canterbury Dr Edmond, OK 73013 ENTRY DEADLINE:

All entries must be submitted using OME (see OME entry procedures) by Monday, February 24 at 3:00 PM CDST. Psych Sheets are electronically sent to the person on file for the club entry based on contacts from the OME. Psych Sheets are made available to each attending team and posted on the OKSI web site: www.oks.org by no later than Monday, February 24 at 6:00 PM CDST. Following the distribution of the psych sheet corrections to current entries will be accepted until 9:00 PM CDST Monday February 24. No further corrections, revisions or deletions to current entries will be accepted after this deadline.

LATE ENTRY PROCEDURE:

All entries that were not submitted in the OME entry period are considered late entries and are subject to the meet late entry procedures. Any entry application received after the Monday February 24 entry closing period at 3:00 pm CDST, regardless of circumstance, must pay an entry fee of \$13.00 per individual event (\$9.00 of this amount goes to OKSI) and \$25.00 per relay entry (\$15.00 of this entry fee goes to OKSI). There is a \$25.00 facility surcharge per swimmer including relay only swimmers required to enter the meet. In addition, a fine of \$30.00 for entries submitted by an unattached athlete and a fine of \$100.00 if submitted by an OKS member club. These fees must be paid to the Host organization for the meet at the time of entry submission. All entry information shall be sent electronically to the LSC General Chair, Admin.-Chair, Meet Referee and Administrative Referee for processing into the meet. No" late entries" will be accepted after 15 minutes (same as the scratch deadline for Friday prelim events) after the close of the business meeting Thursday February 27.

SCRATCH SCHEDULE:

Friday prelim events: scratches will close 15 minutes after the adjournment of the Thursday General Business Meeting.

Saturday & Sunday prelim events will close 30 minutes after the start of the final's session preceding each day's competition.

Positive Check In to Swim events will follow the same deadline schedule as the scratch deadline.

If a coach cannot be in attendance for the Thursday scratch deadline, prior arrangements must be made in advance to comply with this process.

SCRATCH RULE:

The National Scratch Rule will be in effect for this meet: In all events where preliminary heats are necessary or in any timed final event for which a swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched will be barred from all further individual and relay events for that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless the swimmer declares an intent to swim prior to the close of the scratch deadline for that day's events.

A medical scratch approved by the Meet Referee will be a DQ and will count towards the athlete's individual daily event maximum.

SEEDING:

Seeding for this OKS Championship meet will be done as follows: SCY is the first seeding priority, SCM as second seeding priority, LCM third seeding priority.

Seeding will be posted as soon as possible after the scratch or positive check in periods close.

A swimmer qualifying for a championship final who fails to compete and who has not scratched, will be barred from further competition in the meet. A swimmer scratched into the finals after the end of each prelim session will not be penalized.

A swimmer who fails to appear for a final heat on the last day of the meet will be fined \$100.00. Fines must be paid to OKSI no later than Monday March 9, 2020. A swimmer will not be permitted to participate in any further meets sanctioned by OKSI. The Meet Referee and Administrative Referee will initiate the Notification of a Failure to Show for a Final Event Report to be presented to the athlete (if in attendance) or a coach representing the athlete before the conclusion of the meet. A complete report detailing the positive check in or prelims results sheet, the finals seeding announcement and the failure to show for finals slip shall be electronically sent to the OKS Administrative Vice Chair immediately after the meet. Payment of the fine is the responsibility of the athlete and not the club or coach.

No penalty shall apply for Failure to Compete in finals if:

- 1. The Meet Referee is notified in the event of injury or illness and accepts the proof.
- 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Clerk of Course within 30 minutes after the announcement of qualifiers that he/she may not intend to compete and confirms his/her final intentions within 30 minutes following his/her last individual preliminary event.
- 3. The Meet Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.

DISTANCE SEEDING:

Positive check in to swim is required for the distance events for this meet: 400 IM, 500 Freestyle, 1000 Freestyle and 1650 Freestyle. All distance event athletes MUST positively check in according to each event's specific schedule in order to be seeded. Swimmers not checked-in for these events will be scratched. Athletes who fail to show after a positive check in for a timed final event will be scratched from their next available individual event. The 500 Free and 400 IM events will be timed final events swam in prelims. The fastest 8 times of each gender and age group, 13-14 and 15-19, after positive check in, will be placed in finals. Finals for these events will consist of 1 heat each gender 13-14 and 1 heat each gender 15-19. The 1000 and 1650 Freestyle events will be timed final events swam in prelims. The top 8 1000 and 1650 freestyle, after the positive check in period, will swim in finals for the 13-19 age group in the evening session, but will be scored as 13-14 and 15-19 age group. In both the 1000 and 1650 Freestyle events, an athlete who may be seeded in finals must declare to down seed by the scratch deadline for that event otherwise they will be seeded in finals at their entry time. Requests for any down seeding will be seeded at the slowest non-conforming time for the meet which is LCM. Prelims heats will alternate women/men swimming fastest to slowest. Some heats may be combined. Timed final 10 and under 500 Freestyle, along with 11-12 500 Freestyle will swim fastest to slowest, alternating female and male heats as well.

WARM UP PROCEDURES:

Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in events for the session may participate in that session's warm-up period.

Finals sessions are open warm up with no team lane assignments.

Prelims and 10&U session warm-up lane assignments will be posted on the OKSI website no later than noon on Wednesday February 26. The Meet Director will electronically distribute to each club's entry contact (as identified at the time of entry submission) the event warm-up document. If required and with the approval of the Meet Referee the scheduled warm up session may be advanced to allow an extra warm up period. All warm-up periods shall be the same duration with approximately the same number of athletes. A single 15-minute sprint-only warm up session shall be scheduled immediately prior to the close of warm-ups. The Meet Director shall make the warm-up assignments. The Meet Referee will have final authority over the warm-up assignments and schedule.

WARM UP GUIDELINES:

PRE- MEET and GENERAL WARM -UP SESSIONS GUIDELINES:

- Control/Supervise: Key words for safe warm-ups.
- A designated supervisor shall be on deck during the entire warm-up period.
- Marshalls will be actively supervising the warm-ups to ensure proper procedures are followed.
- Swimmers shall enter the water feet first except for starts which are limited to specified lanes or times.
- The warm-up/warm down area different will be supervised pursuant to the rules at all times.
- No paddles buoys, kick boards, or bungees are allowed. .
- No diving in lanes other than those designated for racing starts in an unassigned warm up session.
- During open sessions, starting blocks will be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- The Meet Announcer may announce lane changes and /or warm- up changes.
- Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- Marshalls have the authority through the Meet Director and Meet Referee over warm-up. A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition.
- There shall be at least one Marshall at each end of the warm up area to ensure the warm-up procedures will be followed.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition

STARTS/SPRINTS:

For Prelims and 10&U session, coaches will control their respective lanes. One-way swimming during sprint starts is required.

During open warm ups, 30 minutes prior to the start of competition, the following warm up procedures are followed:

- Lanes 1 & 8 pace lanes: No diving or racing starts. Circle Swimming Only.
- Lanes 2 & 7 sprint lane: dive start, swim only one direction. Backstrokers enter the water feet first in rotation. No diving over persons in the water.
- Lanes 3, 4, 5, & 6 general warm-ups. No Diving.
- Additional sprint lanes may be made available upon request to the Meet Referee.

MEET TIMES:

Thursday General Meeting for all coaches starts at 6:00 PM.

Session	Warm up Start	Meet Start
Thurs Warm Up	4:30 PM - 6:30 PM	N/A
Thurs General Mtg	6:00 PM	
Friday Prelims	7:00 AM	8:30 AM
Friday 10&U	Not Before 12:30 PM	1:30 PM
Friday Finals	3:30 PM	5:00 PM
Saturday Prelims	7:00 AM	8:30 AM
Saturday 10&U	Not Before 12:30 PM	1:30 PM
Saturday Finals	3:30 PM	5:00 PM
Sunday Prelims	7:00 AM	8:30 AM
Sunday 10&U	Not Before 12:30 PM	1:30 PM
Sunday Finals	3:30 PM	5:00 PM

RULES:

Rules contained in the 2019 USA–S Rules and Regulations shall govern the meet. Unless otherwise noted, this meet shall be conducted in accordance with current USA-S and OKSI rules including the Minor Athlete Abuse Prevention Policy (MAAPP). All applicable adults participating or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and they understand that compliance with the MAAPP policy is a condition of participation in the conduct of the competition

SCORING:

Individual events will be scored using the following age groups: 10 & under, 11-12, 13-14 & 15-19. Scoring of individual events will be: 9, 7, 6, 5, 4, 3, 2, and 1 for Finals, the B Final 15-19 will not be scored. Relay points are double the individual event points and are determined for each gender and agegroup. Only the top 8 relays in each event score points.

AWARDS:

For individual events and overall individual high point awards, the following age groups are defined: 10&U, 11-12, 13-14, and Senior (15-19).

Oklahoma LSC State Championship individual events will be awarded for each defined age group as follows:

- Top three are awarded medals.
- Places 4 8 are awarded ribbons.
- Top three relays in each gender and age group will be awarded medals.

OKS State Short Course Championship Individual High Point trophies will be given for female and male athletes in the defined age groups.

OKS State Short Course Championship Distance Freestyle High Point Trophies are awarded for a female and male 13-14 age group swimmer and a female and male Senior (15-19) swimmer. The points for this award are earned in the 500 Freestyle, 1000 Freestyle, and 1650 Freestyle. Participation in all three events is not required.

Combined Team award will be given for 1-3 places for each of two age groups: 14-and-under age group and the Senior (15-19) age group. These are the only team awards given for this meet.

All teams must make arrangements to collect their awards prior to leaving the building on Sunday night. OKS and the Host club will not provide storage or shipment of individual or team awards.

MEET COMMITTEE:

A meet committee will be appointed by the Meet Referee with the following members:

- Meet Referee (who will serve as the chair of the committee)
- Meet Director
- OKS Age Group Chair (or ranking BOD member if the Age Group Chair is not available)
- Two Athletes (consider geographic and club size balance of committee when appointed)
- Two Coaches (consider geographic and club size balance of committee when appointed)

Where a conflict of interest exists, committee members shall not participate in the final deliberation or vote

This committee will settle only issues referred to it by the Meet Referee from the time of psych sheet distribution to the conclusion of the meet. Meet format or eligibility issues will be referred to OKS BOD members available.

FINAL RESULTS:

Results to SWIMS file will be sent electronically the OKS SWIMS Chair within 24 hours. OKSI directs that complete meet results will be provided to the attending club and unattached contacts as well as the OKS reporting group within 24 hours of completion of the meet. Complete results in publication format including splits will be given in the meet results.

HEAT SHEETS:

Heat Sheets for Prelims will be available for \$5 Heat Sheets for Finals will be available for \$3

Heat Sheets for the 10 & under session will be available for \$3

CONCESSIONS:

A concessions area will be available to swimmers and spectators. Athletes are permitted to drink while sitting on deck.

HOSPITALITY:

There will be a hospitality area available for officials and coaches working the meet.

SAFETY:

Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet and are empowered by the safety rules of OKSI to enforce the safety procedures. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet. Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Anyone requesting access to the competition deck area for the purposes of team or individual photography must notify the Meet Director in advance in order to receive clearance. Access will be restricted so as to not allow for any interruption of the successful conduct of the meet. All other photographic opportunities must be conducted from the spectator seating area. It is the responsibility of the coach and athlete to acquaint themselves with all of the information contained in the Meet Letter document.

IMAGE AUTHORIZATION:

swimming.

Participants consent to be photographed/filmed by any authorized photographer(s) and or networks(s) of OKS and or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information, before, during, or after the event to promote

DRONE USE:

Operation of a drone or any other flying apparatus is prohibited over the venue (pool, athletes/coach areas, spectator area and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

	Friday Prelims	
	February 28, 2020	
	8:30 am start	
WOMEN		MEN
Event #		Event #
1	11-12 400 Free Relay	2
1	13-14 400 Free Relay	2
1	15-19 400 Free Relay	2
3	11-12 100 IM	4
5	13-19 200 Breast	6
7	11-19 100 Free	8
9	11-12 50 Fly	10
11	13-19 200 Fly	12
13	11-12 50 Back	14
15	13-19 100 Back	16
17	11-12 200 Fly - Timed Finals	18
19	13-19 1000 Free - Timed Finals	20

	Friday 10 & UNDER	
	February 28, 2020	
	1:30 pm start	
WOMEN		MEN
Event #		Event #
21	10 & u 400 Free Relay	22
23	10 & under 100 IM	24
25	10 & under 100 Free	26
27	10 & under 50 Fly	28
29	10 & under 50 Back	30
31	10 & under 500 Free	32

	Friday Finals	
	February 28, 2020	
	5:00 pm start	
WOMEN		MEN
Event #		Event #
19	13-19 1000 Free-Top 8	20
3	11-12 100 IM	4
5	13-14 200 Breast	6
5	15-19 200 Breast-2 HEATS	6
7	11-12 100 Free	8
7	13-14 100 Free	8
7	15-19 100 free 2 HEATS	8
9	11-12 50 Fly	10
11	13-14 200 Fly	12
11	15-19 200 Fly 2 HEATS	12
13	11-12 50 Back	14
15	13-14 100 Back	16
15	15-19 100 Back 2 HEATS	16

	Saturday Prelims	
	February 29, 2020	
	8:30 am start	
WOMEN		MEN
Event #		Event #
33	11-12 200 Medley Relay	34
35	13-14 400 Medley Relay	36
35	15-19 400 Medley Relay	36
37	11-12 200 Breast -Timed Final	38
39	13 -19 500 Free-Timed Finals	40
41	11-19 100 Fly	42
43	11-19 200 Free	44
45	11-12 50 Breast	46
47	13-19 100 Breast	48
49	11-12 100 Back	50
51	13-19 400 IM - Timed Finals	52

	Saturday 10 & UNDER February 29, 2020	
	1:30 pm start	
WOMEN		MEN
Event #		Event #
53	10 & u 200 Medley Relay	54
55	10 & under 100 Fly	56
57	10 & under 200 Free	58
59	10 & under 50 Breast	60
61	10 & under 100 Back	62

	Saturday Finals	
	February 29, 2020	
	5:00 pm start	
WOMEN	•	MEN
Event #		Event #
39	13 -14 500 Free - Top 8	40
39	15-19 500 Free - Top 8	40
41	11-12 100 Fly	42
41	13-14 100 Fly	42
41	15-19 100 Fly 2 HEATS	42
43	11-12 200 Free	44
43	13-14 200 Free	44
43	15-19 200 Free 2 HEATS	44
45	11-12 50 Breast	46
47	13-14 100 Breast	48
47	15-19 100 Breast 2 HEATS	48
49	11-12 100 Back	50
51	13-14 400 IM - Top 8	52
51	15-19 400 IM - Top 8	52

	Sunday Prelims	
	March 1, 2020	
	8:30 am start	
WOMEN		MEN
Event #		Event #
63	11-12 200 Free Relay	64
63	13-14 200 Free Relay	64
63	15-19 200 Free Relay	64
65	11-12 200 Back-Timed Finals	66
67	11-19 50 Free	68
69	11-19 200 IM	70
71	11-12 100 Breast	72
73	13-19 200 Back	74
75	11- 12 500 Free-Timed Finals	76
77	13-14 1650 Free-Timed Finals	78
77	15-19 1650 Free-Timed Finals	78

	Sunday 10 & UNDER	
	March 1, 2020	
	1:30 pm start	
WOMEN		MEN
Event #		Event #
79	10 & under 200 Free Relay	80
81	10 & under 50 Free	82
83	10 & under 100 Breast	84
85	10 & under 200 IM	86

	Sunday Finals	
	March 1, 2020	
	5:00 pm start	
WOMEN		MEN
Event #		Event #
77	13-19 1650 Free - Top 8	78
67	11-12 50 Free	68
67	13-14 50 Free	68
67	15-19 50 Free 2 HEATS	68
69	11-12 200 IM	70
69	13-14 200 IM	70
69	15-19 200 IM 2 HEATS	70
71	11-12 100 Breast	72
73	13-14 200 Back	74
73	15-19 200 Back 2 HEATS	74