

WARM UP SCHEDULE

Saturday & Sunday Morning Session 1

7:10-7:40 SPRINTS 8:10-8:20 Meet Starts 8:30

Competition Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BAC	BAC	BAC	BAC	BAC	LifeTime Raiders	UNOK	GASC

Lap Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KMS	KMS	KMS	KMS	KMS	SSC	SSC	SAC

Bulk Head Lanes

Lane 1	Lane 2
OPEN	OPEN

Saturday & Sunday Morning Session 2

7:40-8:10 SPRINTS 8:10-8:20 Meet Starts 8:30

Competition Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AESC	AESC	AESC	AESC	WEST	AST	ACE	ACE

Lap Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BZRKR	BZRKR	BZRKR	Trident	Trident UNST/UNWT /WKSC	SNAP	FNW	CATS

Bulk Head Lanes

Lane 1	Lane 2
OPEN	OPEN